*Sex Plus: learning, loving, and enjoying your body (2018)
Laci Green

Nonjudgmental advice for teens with questions about sex and sexuality, covering topics ranging from sexual empowerment and consent to LGBT challenges and STI and pregnancy prevention.

For Young Adults


Comprising essays and oral history interviews that present the experiences of fourteen activists across the United States and in Puerto Rico, the book offers a new perspective on the history of LGBT mobilization and activism.

For Parents/Young Adults

*Modern HERstory: stories of women and nonbinary people re-writing history
Blair Imani

An inspiring and radical celebration of 70 women, girls, and gender nonbinary people who have changed—and are still changing—the world, from the Civil Rights Movement and Stonewall riots through Black Lives Matter and beyond.

For Parents/Young Adults

*When Brooklyn was queer (2019)
Hugh Ryan

A groundbreaking exploration of the LGBT history of Brooklyn, from the early days of Walt Whitman in the 1850s up through the women who worked at the Brooklyn Navy Yard during World War II, and beyond.

For Parents/Young Adults

*Word Slay Anonymous: Writing from NY Writers Coalition Workshops at New Alternatives for LGBT Homeless Youth (2015)

A collection of poetry and prose from NYWC creative writing workshops for young writers in New York City.

For Parents/Young Adults

*Nonbinary: Memoirs of Gender and Identity (2019)

The powerful first-person narratives of this collection show us a world where gender exists along a spectrum, a web, a multidimensional space. Nuanced storytellers break away from mainstream portrayals of gender diversity, cutting across lines of age, race, ethnicity, ability, class, religion, family, and relationships.

For Parents/Young Adults

Most books from PFLAGNYC.org/support/suggested reading
* Title available through Brooklyn Public Library.
All titles available through Amazon, most in paperback.
**Helping Your Transgender Teen (2018)**
Irwin Krieger

Addressing common fears and concerns that parents of transgender teens share, the book guides them through steps they can take with their child, including advice on hormones and surgery and how to transition socially.

*For Parents/Young Adults*

**The book of pride: LGBTQ heroes who changed the world**
Mason Funk

Captures the true story of the LGBTQ civil rights movement from the 1960s to the present through richly detailed, stunning interviews with the leaders, activists, and ordinary people who witnessed the revolution and made it happen.

*For Parents/Young Adults*

**Bi: notes for a bisexual revolution**
Shiri Eisner

Depicted as duplicitous, traitorous, and promiscuous, bisexuality has long been suspected, marginalized, and rejected by both straight and gay communities alike. Bi takes a long overdue, comprehensive look at bisexual politics.

*For Parents/Young Adults*

**Claiming the B in LGBT: illuminating the bisexual narrative (2018)**

This book combines a chronology of bisexual organizing with essays, poems, and articles detailing the lived experiences of bisexuals struggling against a dominant culture driven by norms of monosexual attraction.

*For Parents/Young Adults*

**I can’t date Jesus: love, sex, family, race, and other reasons I’ve put my faith in Beyoncé (2018)**
Michael Arceneaux

It hasn’t been easy being Michael Arceneaux. Equality for LGBT people has come a long way and all, but voices of persons of color within the community are still often silenced, and being black in America is...well, have you watched the news?

*For Young Adults*

**To my trans sisters (2017)**

Written by politicians, scientists, models, athletes, authors, actors, and activists from around the world, these letters capture the diversity of the trans experience and offer advice from make-up and dating through to fighting dysphoria and transphobia.

*For Young Adults*

Most books from PFLAGNYC.org/support/suggested reading
* Title available through Brooklyn Public Library.
All titles available through Amazon, most in paperback.
**Outside the XY: Queer, Black and Brown Masculinity**

More than 50 stories, memories, poems, ideas, essays and letters—all examining what it looks like, feels like, and is like to inhabit masculinity outside of cisgendered manhood as people of color in the world.

*For Parents/Young Adults*

**You're in the wrong bathroom!**: and 20 other myths and misconceptions about transgender and gender nonconforming people (2017)
Laura Erickson-Schroth
Laura Jacobs

Brings together the medical, social, psychological, and political aspects of being trans in the United States today.

*For Parents/Young Adults*

**Queer heroes** (2019)
Arabelle Sicardi

Profiles notable LGBTQ figures and highlights their contributions to society and their community, including Martina Navratilova, Frida Kahlo, Alan Turing, David Bowie, and K.D. Lang.

*For Children/Teens*

**Headcase: LGBTQ writers & artists on mental health and wellness** (2019)

Headcase is a groundbreaking collection of personal reflections and artistic representations illustrating the intersection of mental wellness, illness, and LGBTQ identity, as well as the lasting impact of historical views equating queer and trans identity with mental illness.

*For Parents/Young Adults*

**LGBT families: Lesbian, Gay, Bisexual, and Transgender** (2017)
Hilary Poole

Discusses the many types of LGBT families and shows how being different need not be an impediment to being happy.

*For Parents/Young Adults*

**Written on the body: letters from trans and non-binary survivors of sexual assault and domestic violence** (2018)

An anthology of powerfully honest and intimate letters written by trans and non-binary survivors of sexual violence, offering support and guidance to fellow survivors with additional resources for allies and professionals.

*For Parents/Young Adults*

Most books from PFLAGNYC.org/support/suggested reading
* Title available through Brooklyn Public Library.
All titles available through Amazon, most in paperback.
*¡Cuéntame!: testimonios de inmigrantes latinos LGBT = ¡Cuéntame!: oral histories by LGBT Latino immigrants
A collection of bilingual oral histories and illustrations by LGBT Latinx immigrants who arrived in the U.S. during the 80s and 90s
For Parents/Young Adults

*Sorted: growing up, coming out, and finding my place (a transgender memoir) (2019) Jackson Bird
An unflinching and endearing memoir from LGBTQ+ advocate Jackson Bird about how, through a childhood of gender mishaps and an awkward adolescence, he finally sorted things out and came out as a transgender man in his mid-twenties.
For Parents/Young Adults

Promises to help a new generation create their own unique place on the gender spectrum.
For Parents/Young Adults

Mothers of lesbians come together to trace their journeys towards acceptance.
For Parents/Young Adults

Everything you’ve always wanted to know about same-gender relationships.
For Parents/Young Adults

*A queer history of the United States for young people (2019) Michael Bronski
Through engrossing narratives, letters, drawings, poems, and more, the book encourages young readers, of all identities, to feel pride at the accomplishments of the LGBTQ people who came before them and to use history as a guide to the future.
For Teens/Young Adults

Most books from PFLAGNYC.org/support/suggested reading
* Title available through Brooklyn Public Library.
All titles available through Amazon, most in paperback.
What does the small, but growing, number of young men who identify as mostly straight mean for our understanding of sexual orientation, sexual identity, and sexual behavior? What does it say about our understanding of masculinity, our understanding of sex and gender differences?
*For Parents/Young Adults

Memoir by transgender activist on what it means to be a woman today, and how to be authentic, unapologetic, and wholly yourself.
*For Parents/Young Adults

Provides the insights and practical strategies parents need to support their kids and cope themselves.
*For Parents

*The Transgender Teen: A handbook for Parents and Professionals Supporting Transgender and Non-Binary Teens (2016)
This comprehensive guidebook helps to bridge that divide by exploring the unique challenges that thousands of families face every day raising a teenager who may be transgender, non-binary, gender-fluid or otherwise gender-expansive.
*For Parents/Young Adults

*This Is a Book for Parents of Gay Kids: Answer Guide to Everyday Life(2014) Danielle Owens-Reid
Filled with real-life experiences from gay kids and parents, this is the book gay kids want their parents to read.
*For Parents/Young Adults

Stephanie A. Brill
Through extensive research, interviews, and experience, the authors cover gender variance from birth through college.
*For Parents

Most books from PFLAGNYC.org/support/suggested reading
* Title available through Brooklyn Public Library.
All titles available through Amazon, most in paperback.