LEAP CALL TO ACTION!

Did you know when parents reject their LGBTQ+ child, this increases their risk of...

<table>
<thead>
<tr>
<th>Risk Factor</th>
<th>Increase Factor</th>
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<tbody>
<tr>
<td>Suicide</td>
<td>8x</td>
</tr>
<tr>
<td>Depression</td>
<td>6x</td>
</tr>
<tr>
<td>Substance use</td>
<td>3x</td>
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<tr>
<td>HIV and STIs</td>
<td>3x</td>
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</tbody>
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But a little bit of family acceptance goes a long way...

Not only are LGBTQ youth likely to be healthier with greater family acceptance, but they are also happier. 92% of LGBTQ+ youth with accepting families believe they will live a happy life, compared to only 1 in 3 whose families are not at all accepting.

How can I help my LGBTQ+ child live a happy life?

- Express acceptance if your child comes out as LGBT.
- Encourage your child to speak openly and honestly about who they are.
- Welcome your LGBT child to participate in all family activities.
- Encourage all family members and close friends to respect your LGBT child.
- Believe your LGBT child can have a happy future as an adult.
- Invite your LGBT child’s friends to your home and to family events.
- Advocate for your LGBT child when he or she is bullied, harassed, or discriminated against.

What is the LGBTQ+ Education and Acceptance Project (LEAP)?

- CAMBA’s LGBTQ+ Education and Acceptance Project provides support to parents and families to help them understand and accept their LGBTQ+ youth.
- LEAP promotes family acceptance through educational presentations, parent support groups, one-on-one counseling, a social marketing campaign, and a youth filmmaking program.

Source: Family Acceptance Project™ San Francisco State University http://familyproject.sfsu.edu